



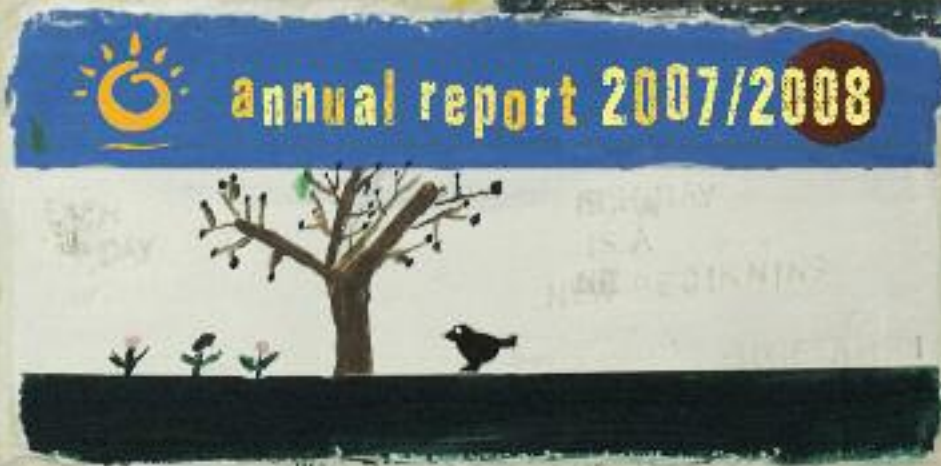
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just for Today

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10/20/99

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BEFORE THE MIRACLE

A



“Recovery blocks,” adorn a wall of the group room in the Co-occurring Disorders Program. They started with the first graduate of the program in 1999. Individuals who have completed their Master Plan for living a life of recovery free from drugs, alcohol, and active symptoms of mental illness are invited to design and paint a lasting symbol of their recovery on the wall.

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mission and values

Mission

Our mission is to empower individuals and families to make choices that will enable them to experience a healthy, responsible life free from alcohol, drugs, crime, violence and exploitation.

Purpose

Second Genesis facilitates individual recovery from substance abuse by providing information, support and guidance; and by insisting that persons served take an active role in planning and implementing therapeutic activities for themselves, their peers and their families.

Core Values

Second Genesis believes in the:

- efficacy of the therapeutic community model
- holistic approach to address all obstacles to recovery
- involvement of client and family in treatment
- adherence to a strict code of ethics
- reduction of stigma associated with addiction

Theorem

“No man or woman here stands alone. We together are one, but many aware of our frailties and failings. We now strive to find strength in each other through the ancient concepts of honesty and love.

We must relate as human beings and project our favorable attributes. We must be open for we must not return to the practice of hiding our defects. We pledge to be strong in our beliefs and firm in our convictions and to draw from these convictions that which when cultivated will contribute most to our common goal, that of creating a new person.”

Written by the first generation graduates of Second Genesis.

founder's message



**Founder and President Emeritus
Sidney Shankman, M.D.**

As I approached age 18, I realized I had not reached the “greatness of achievement” to become a child prodigy. However, as I approach the 40th anniversary of Second Genesis, I am much more realistic – and understand that being part of a larger “great” is more important than being an individual “great”.

I now understand that while individuals are aware of addiction’s horrors, they use them to escape despair (self imposed or not). Their continued usage is based upon their fear that things will not change, which, predictably, glues them to despair for themselves, their families, and their communities.

A supportive community, a dedicated staff, and a devoted Board of Trustees provide a place - a setting in which one could be liberated from the self imposed prison of addiction. They made available the only kind of venue in which the "cycle of despair" could be broken – a venue in which one could be held accountable for one's previously self destructive behavior in the process of modifying it. As a result, many thousands of lives have been transformed from hopelessness to fulfillment; many thousands have become responsible and contributing taxpaying members of their communities, in the process.

The wisdom gained during the last 40 years of my life far exceeds the lack of it during the first 18 years. During this most meaningful journey of the past 40 years, I have grown not only older but increasingly appreciative of your support of Second Genesis's life saving mission.

Thank you for sharing the journey with me!



chairman's and executive director's message



Chair of the Board
Robert E. Carlstrom, Jr.



Executive Director
J. Michael McGuinness

As we enter our 40th year, we are proud to say we are stronger than ever. Our four major programs flourish, and our success rates are better than ever, with 119 staff serving more than 200 clients and 30 children in three locations.

How important is Second Genesis? Consider this. Addiction in this country is more prevalent than heart disease and stroke, and as prevalent as cancer. And while drug offenses are the largest category for which people are admitted into the justice system, most inmates do not receive drug treatment during or afterwards.

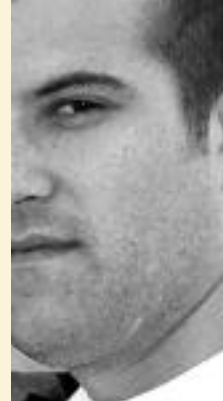
Second Genesis' work is critical to the well-being of our communities because treatment reduces drug use and drug related crimes far more effectively than incarceration. It helps return people to their communities and families, not only saving their lives, but also saving our municipalities millions of tax dollars in justice and penal expenses.

We want to thank Baltimore Substance Abuse Systems (BSAS) and the Alcohol and Drug Abuse Administration (ADAA), a division of the Maryland Department of Health and Mental Hygiene (DHMH). In Washington DC, we want to acknowledge our long partnership with the Court Services and Offender Supervisory Agency (CSOSA), the Addiction Prevention and Recovery Administration (APRA) and Child and Family Services Agency.

Last year, we were proud to be able to expand a pilot program that was the result of a partnership with The DC Family Treatment Court, part of APRA. The program treats women who have been accused of child neglect. They come to our facility at Mellwood where they are counseled on education, health, nutrition, and exercise, as well as how to overcome their substance abuse disorder. It is a structured environment for both the mother and child. While at Second Genesis the children, finally in a safe environment, are able to react as children and enjoy their life. This program is just one example of the kind of innovative approach to recovery Second Genesis as an independent nonprofit organization can offer.

As in the past we have continued to expand our partnerships with the private and nonprofit sector. We want to thank our board of directors, our donors, and volunteers, without whom we could never provide the current level of quality services. The financial, in-kind, and volunteer support we receive from individuals, foundations, corporations and the many churches, synagogues and other civic groups is invaluable as is the help of students and medical professionals. Without this additional help we would never be able to give our clients and their families a second chance to be able to “Choose” a life free of alcohol and drugs, ultimately filled with curiosity, compassion, commitment and competency.

A rebirth... a true Second Genesis. That is, and continues to be, the purpose of the work that we do. Our goal is to make new life and second chances a reality.



effectiveness

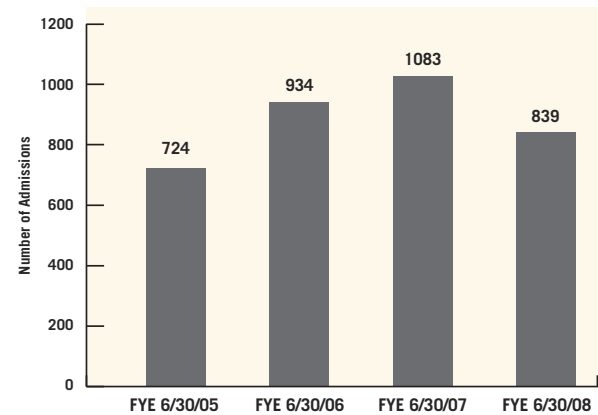
Second Genesis's unusually strong effectiveness rankings are due to its unique use of Therapeutic Communities, where individuals in treatment are more than just "patients".

They are members of a community in which they are responsible for helping one another co-progress through treatment. Using customized individual and group therapy, social skills training, education and vocational services, relapse prevention, as well as case management services, Second Genesis staff creates a warm, loving environment that helps residents develop a sense of responsibility for themselves as well as others.

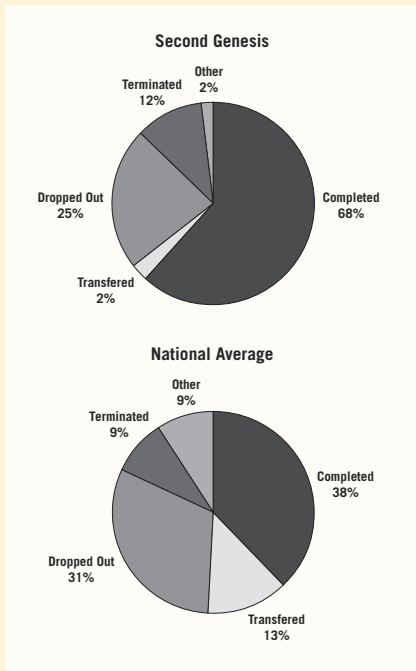
They learn inductively to adapt to pro-social attitudes and behaviors, to become more aware of their maladaptive tendencies, to self-realize their roles as a member of the community. Clients learn about the addiction cycle, develop an individualized relapse prevention plan, and adopt recovery principles and practices, including the 12-step model.

Graduates leave Second Genesis with the tools they need to remain successful in recovery, and in life.

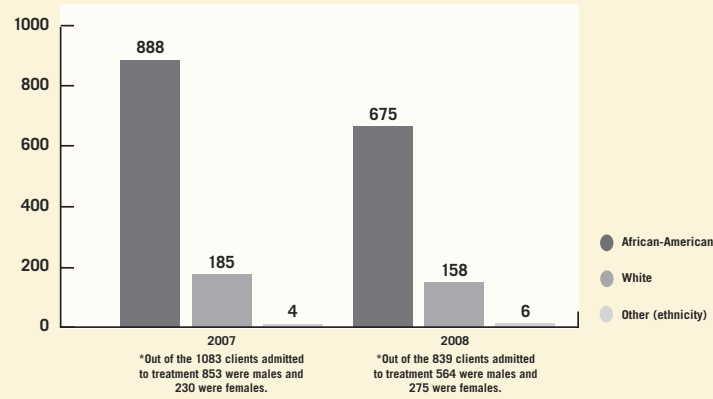
Admissions for Treatment by Fiscal Year



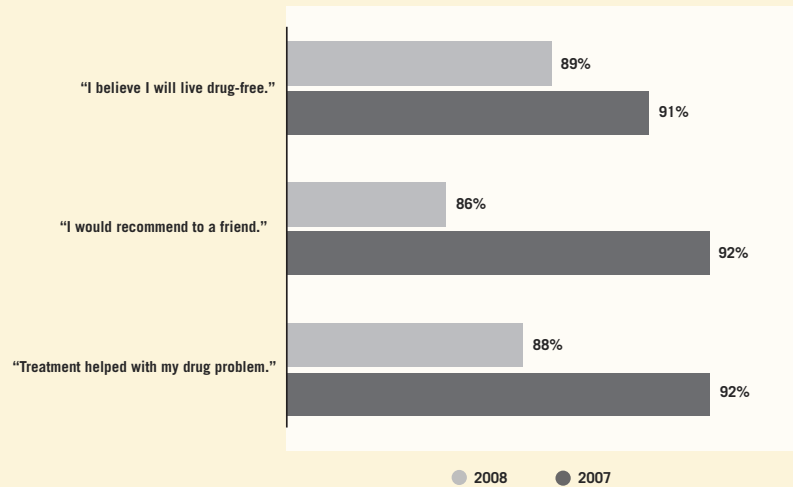
Second Genesis and the National Completion Rate Discharges by Category



Gender and Ethnicity



What Clients Say at Discharge



special programs

Women and Children's Program

Since 1992, the Mellwood House for Women and Children has healed thousands of women by allowing them to bring up to two children with them while receiving addiction treatment. Created on 67 acres of landscaped countryside, Mellwood can serve up to 40 women and 38 children under the age of ten. In addition to individual and skill-based group therapy, Mellwood residents, which include pregnant women, receive family counseling, parenting classes, and related training and activities.

Co-occurring Disorders Program

Since 1999, Second Genesis has been a pioneer in providing an integrated model of service to clients with co-occurring disorders (those with both substance abuse and mental health concerns). Our treatment protocols, begun by a special request from the state of Maryland, were so well respected, that since then, Second Genesis Co-occurring Disorders Residential Program has treated nearly 300 individuals. It incorporates the best practices of integrated residential care, enabling clients to participate in a variety of therapeutic activities to foster recovery.

The Strengthening Families Program

The Strengthening Families Program (SFP) is a 16-session, science-based parenting skills, children's life skills, and family life skills training program specifically designed for high-risk families. Parents and children

participate in SFP, both separately and together. Group Leader Manuals contain a complete lesson for every session. Parents' and children's handbooks/handouts are also provided for every session.

Nurturing Mothers / Nurturing Fathers

The goal of this program is to nurture the parents, thus enhancing the parents' ability to nurture their children. To enhance the richness of the experiences of nurturing and recovery, this program focuses on parenting as a relationship, characterized by mutuality, authenticity, and empathy.

Fathers of all types attend the Nurturing Fathers Group, including single and married fathers, foster fathers, adoptive fathers, grandfathers, and fathers planning to parent. Most of the sessions take place in a classroom setting and are designed to enhance the men's attitudes and skills for male nurturance and educate them about the importance of fathering.

Topics covered include the roots of fathering, how to nurture oneself and one's children, fathering sons versus daughters, disciplining without violence, how to play with children, managing anger and resolving conflict, working as a team with a spouse or partner, career-building and accessing employment resources, balancing work and fatherhood, communicating and problem-solving, cultural influences on fathering, and dealing with feelings.



special programs

Motivation for Change

The goal is to help clients, mostly those who have spent five or more years in prison, erase the resulting institutionalized thinking and participation in using or selling drugs. This environment, seen in older clients, is also known in prison circles as the “fast money lifestyle”. The Motivation for Change group occurs over 22 sessions with the entire house participating and encourages positive thinking, which in turn creates a positive behavioral change. This can then be translated as they reintegrate into general society.

Alternatives To Incarceration

Second Genesis is now working with nine Maryland prisons to assess inmates regarding their substance abuse and the level of care needed for services. This helps transition inmates from incarceration to treatment more effectively, and it helps inmates get the direction they need for care on a timely and efficient basis. Since the cost to house inmates in state prisons is approximately \$25,000 a year and rising, earlier and better transitions from penal housing to productive therapy through Second Genesis stands to save taxpayers millions of dollars.

Outpatient Treatment Program

As part of the Second Genesis recovery process, all clients leave our programs with an individualized after-care and recovery plan. We are working on developing a full array of outpatient services that will be offered at all of our locations. The outpatient program allows clients to have after-care assistance when they finish their residential treatment. Group and individual counseling, as well as sober network services are provided. We are currently

opening a new Washington DC facility to serve exclusively as an outpatient center for the community. An array of programs including intensive outpatient, adolescent treatment, and group therapy are being considered. Currently, Second Genesis offers a limited number of outpatient programs as a service for its clients, alumni, and members of the community. Group therapy and counseling services are currently provided at the Harvard Street, DC facility.

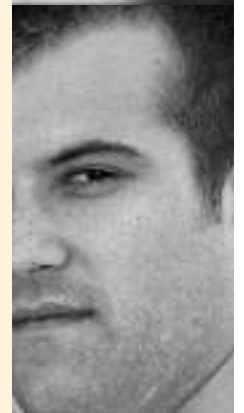
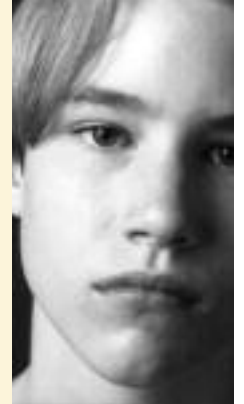
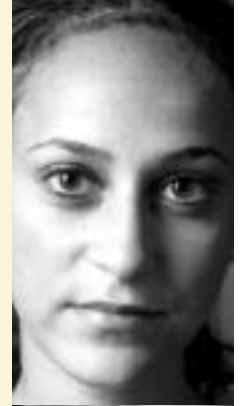
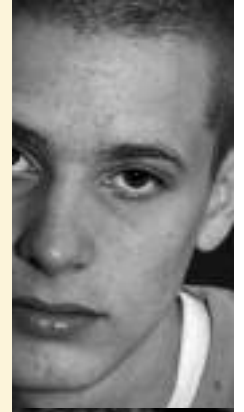
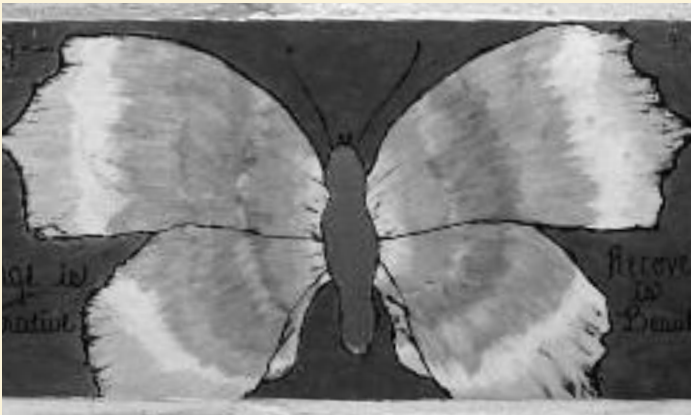
Project New Communities

In 2006, Second Genesis and the District of Columbia Addiction Prevention and Recovery Administration (APRA) jointly launched an initiative called Project New Communities. Working on the streets of DC's blighted communities, seven outreach workers provide screening intervention and assessment to residents needing drug treatment. Clients typically go to a detoxification center followed by referrals to a residential center. The goal is to revitalize high-risk communities suffering from the impact of addiction, lack of social services, unemployment, and a broken education system.

Anger Management

The Anger Management program is a 12-week group treatment program designed to help people learn new habits, manage their anger more effectively, and eliminate hurting themselves and others. The cognitive behavioral approach utilizes; relaxation and communication skills, rational thinking, and behavioral choices. The program is structured for needs assessment, an individualized anger control plan, group sessions, skill practice, progress review, and graduation.





highlights

Second Genesis Earns Prestigious CARF Accreditation

One of the most prestigious honors an organization like Second Genesis can earn is internationally recognized accreditation for the quality, value, and optimal outcomes of our programs and services through the Commission on Accreditation of Rehabilitation Facilities (CARF).

We are proud that at the end of our last fiscal year, Second Genesis received the highest CARF accredited program level: three years, which reflected months of teamwork documenting our processes for a grueling team of inspectors and analysts. To understand the magnitude and importance of the CARF accreditation process and what it means to our clients and benefactors, visit <http://www.carf.org>.

Innovative Program Links Clients With High School Diploma

Ballou S.T.A.Y. High School now provides Second Genesis clients with the resources to help them earn a high school diploma, even after treatment. The curriculum includes career and technical programs for automotive technology, barbering training, addiction counseling, computer repair, cosmetology, culinary arts, driver's education, and TV production. Thank you to Ballou S.T.A.Y. High School Director Timothy H. Minor and Assistant Director, Arlene M. Barndon, for coordinating a signing ceremony for our clients and staff to initiate this valuable program.

Neighborhood Program Helps Graduates Return To Productive Life

Gentrification of the Columbia Heights area in the District has propelled the need for a dialogue about how to welcome recovering addicts into a changing neighborhood. Neighbors have warmly encouraged clients and graduates to speak openly, without fear about their process of healing.

In February 2008, Director Wilhelm Bonnette convened a kick off meeting with representatives from Drug Policy Alliance, College Bound, Giant Food, DC Commission on the Arts and Humanities and Alliance of Concerned Men, and with Second Genesis staff to increase resources for the Harvard Street Program and improve community perception among residents of Second Genesis' vision of promoting wellness.



highlights

Sports Day

All four facilities participated in an array of sporting events including baseball, basketball, volleyball, and softball. Everyone feasted on a barbeque picnic outside where they could cheer on their facility while enjoying ribs, hamburgers, and hot dogs. Even the Mellwood children came to the day, although they seemed most interested in running through the mini-sprinklers set out on the grass for them. Thank you to all who participated, and Anne Arundel for hosting the event!

Car Wash Fund Raiser

In the summer, the Anne Arundel facility, the largest residential facility with both men and women raised \$2,200 through a car wash. The clients, on their own, organized and worked at the car wash in order to raise money for a special event. By learning financial planning through the car wash, and budgeting through their special event, they were able to have an enjoyable teaching moment with a fantastic result. All of the clients went to Sandy Point where they played on the beach and enjoyed a hard-earned crab fest.

Easter Party! Summer Camp!

Each year, the Property Management Association treats Second Genesis children to an Easter party. The kids all got a chance to sit on the Easter Bunny's lap while they tore through their baskets of chocolate eggs. And for Summer Camp, the children enjoyed the natural surroundings of our 67-acre campus. The older children

went to Explorers Camp, where there was swimming, sports, arts and crafts, and field trips to museums. Favorite activities include the Baltimore Aquarium, Blacks in Wax Museum, the Smithsonian, and attendance at the Public Playhouse and the Missoula Children's Theatre. Led by their mothers' encouragement and guidance, the mostly urban children also visited neighboring farms, such as Clagget Farms, to see where their food comes from. Each event maximizes the learning experience for the children to help them become more comfortable with the greater world. The members of the Service Guild of Washington have supported us in this program for the past two years. We are very grateful for their support.



history

1960s

In January of 1969, Second Genesis was founded as the substance abuse treatment component of the Alexandria Community Mental Health Center.

1970s

Second Genesis opened its first residential treatment facility in Alexandria, VA. Second Genesis separated from the Alexandria Community Mental Health Center and was incorporated as a private, non-profit organization dedicated to providing substance abuse treatment. Second Genesis opened three additional residential facilities in Upper Marlboro, MD; Rockville, MD; and Washington, DC.

1980s

Second Genesis opened its fifth residential facility in Crownsville, MD.

1990s

A federal grant enabled Second Genesis to provide treatment exclusively for mothers and their dependent children at the Upper Marlboro, MD, facility. Soon after, Outpatient Programs for Adults and Adolescents were opened in Silver Spring, MD, and Alexandria, VA. Second Genesis established a Residential Co-occurring Program in Crownsville, MD.

2000s

Second Genesis opened two new Outpatient Programs in Alexandria, VA, and Hyattsville, MD, and another program for Women and Women with their Children in Baltimore, MD. Second Genesis received



accreditation from the Commission on the Accreditation of Rehabilitation Facilities (CARF), which was then extended three times through 2011. The High School Education Program was initiated in Montgomery County, and the DUI/DWI and Anger Management components were added to the organization's Outpatient Treatment Programs. Second Genesis launched the Justice and Healing Project to address the issues of sexual addiction, and a Prison Assessment Program in partnership with the State of Maryland Division of Corrections to facilitate and complete inmate assessments directly in the prisons. In partnership with the DC Addiction, Prevention, and Recovery Administration (APRA), Project New Communities began providing screening, intervention, and assessment.

locations

Washington DC

This location offers a traditional therapeutic community for substance-abusing men and women from the criminal justice system. It also houses an outpatient treatment program and outreach for men and women that incorporates anger management and assessment programs.

1320 Harvard Street, N.W.,
Washington, D.C. 20009
202.222.0120

Coming soon: 4017 Minnesota Ave., N.E.,
Washington, DC 20019
202.388.8570

Anne Arundel County, MD

A traditional therapeutic community that provides treatment services to both men and women struggling with alcohol and/or drug addiction. This facility also includes a Co-occurring Disorders Program therapeutic community, which serves clients suffering from both mental illness and addiction.

107 Circle Drive
Crownsville, MD 21032
301.621.9013

Prince George's County, MD

A modified therapeutic community that specializes in the unique needs of women and women with their children. The program offers post-traumatic stress disorder therapy, family counseling, and parenting classes to assist clients in their lives after treatment.

4620 Melwood Road
Upper Marlboro, MD 20772
301.568.4822

Administrative Offices

8611 Second Avenue, Suite 300
Silver Spring, MD 20910
301.563.1545



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Lucy Lowenthal Director of Development

Raymond Brown Senior Director of Anne Arundel
Facility, Crownsville, MD

Lynn Burke Director of Co-Occurring Disorders
Program, Anne Arundel Facility, Crownsville, MD

Wilhelm Bonnette Director of District of Columbia
Facility, Harvard Street, Washington, DC

Titus Tucker Director of Mellwood Residential Facility,
Upper Marlboro, MD



october 18, 2007 ritz carlton hotel



VIPs from all over the Washington area enjoyed an evening of celebration and entertainment at “A New Beginning,” co-chaired by long-time supporters, Deborah and Joel Meisel and Amy and Alan Meltzer.

Paul Berry, former WJLA news anchor, served as Master of Ceremonies and led a successful live auction after recognizing honorees Aileen and Russell Train, Maryland basketball head coach Jim Larranaga, Congressman Charles B. Rangel and Billy Tauzin, President of PhARMA.

A high point of the gala, Adrienne Epps Thurston and Calvin Woodland spoke about their life-changing experiences as graduates of Second Genesis. As a therapist at the Veterans Agency and the chief of staff to Councilman Jim Graham respectively, Adrienne and Calvin exemplify the effectiveness of Second Genesis’ unique therapeutic community programs.

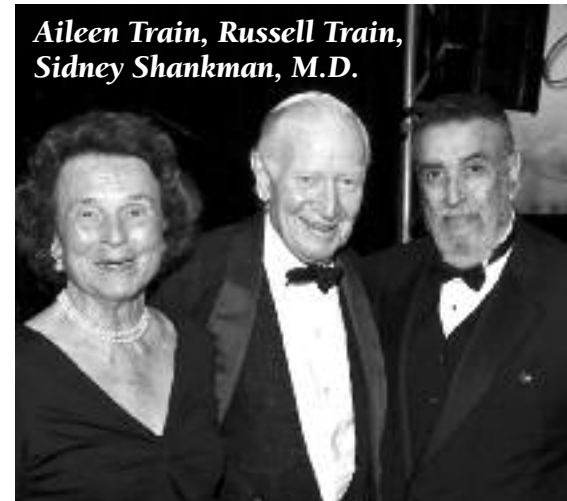
Mr. Berry also introduced Glenn Pearson of the Floating Opera, known for thrilling audiences at White House functions, diplomatic balls, as well as Fortune 500 company events. Co-chair and avid country music fan Joel Meisel introduced Grammy award-winning singer-songwriter Rosanne Cash, whose powerful, soulful songs delighted the gala’s 450 attendees.



Rosanne Cash



Jim Larranaga



*Aileen Train, Russell Train,
Sidney Shankman, M.D.*

Joel and Deborah Meisel



Alan Meltzer



William Signer, Bob Carlstrom, John Carnevale, Jennifer Collier



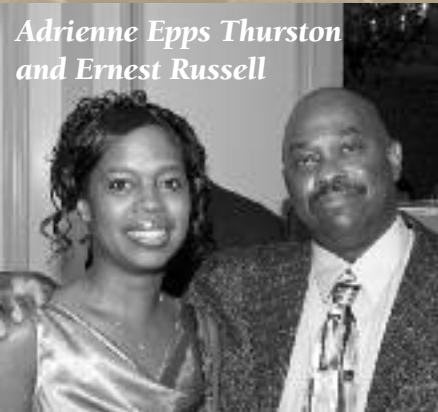
Danny Kahn and Bill Bronrott



Peggy Tomlinson and Emily Train Rowan



Adrienne Epps Thurston and Ernest Russell



Marty and Golda Jacobs



Barry Scher, Rosanne Cash, Olga Scher



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\$5,000 - \$50,000

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Claggett Farms
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United Way/Bundle up Campaign
The Service Guild of Washington DC

Thank you to the countless individuals who donate their time as volunteers working on behalf of Second Genesis. Great care was taken to make this list accurate. We apologize if any supporter has been omitted, misspelled or categorized incorrectly.

ways to help

Second Genesis is grateful for the many donors including individuals, corporations, foundations and government providers who support our programs with generous financial and in-kind donations. We are a 501 (c) (3) nonprofit organization. Our Tax Identification number is 54-0890868. Your monetary gifts and donations are fully tax-deductible to the extent allowed by law.

Monetary Gifts

Your monetary gift to Second Genesis makes our goal of saving lives possible. Checks may be mailed to the address below. If you prefer to give by credit card you can visit our website to give online or you can call the development office at 301-563-1545 ext 320. You also might consider giving us appreciated securities. Please call Lucy Lowenthal in the development office for banking information.

In-Kind Donations

Second Genesis operates four residential treatment programs that at any given time are home to approximately 200 men and women and 35 children. We need the same kind of items any busy household needs, and welcome donations, particularly food, new or gently used clothing in season, toiletries, etc. Please call development at 301-563-1545 for more information, or visit www.secondgenesis.org to look at our current wish list.

In-Kind Professional Services

Many donors support us through gifts of their time or professional services. We welcome donations of services such as window replacement, roofing, carpentry, plumbing or electrical work, painting, landscaping, paving or printing.

Planned Gifts

Please consider including us in your will. What better way to mark your own lifetime or to keep alive the memory of a loved one than with a bequest in your will. Your long-term commitment to support a life free from addiction will live on through our work. A charitable bequest is fully deductible from your estate and may significantly reduce taxes on the balance of your estate. Please contact Lucy Lowenthal, Director of Development, for more details. We suggest the following designation: Second Genesis is a not-for-profit organization incorporated by the laws of the State of Maryland, having as its principal address 8611 Second Avenue, Silver Spring, MD 20910.

For further information, please contact us at:

Second Genesis, Inc.
Development Department
8611 Second Avenue, Suite 300
Silver Spring, MD 20910
(301) 563-1545 ext. 317

financial highlights

Second Genesis, Inc., Combined Statements of Activities

	2008	2007
Revenue and other support		
Grants and contracts	\$8,401,962	\$8,793,305
Rental Income	208,081	166,871
Program services	28,235	161,052
Contributions	125,340	96,482
Interest and other income	13,220	10,241
Special events revenue (net of cost of benefit to donors)	238,830	-
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Total revenue and other support	9,015,668	9,227,951
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Expenses		
Program services		
Residential programs	6,372,858	6,185,329
Outpatient programs	708,095	986,463
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Total Program Services	7,080,953	7,171,792
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Supporting services		
Management & General	1,903,042	1,898,796
Fundraising	306,478	220,259
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Total Supporting Services	2,209,520	2,119,055
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Total Expenses	9,290,473	9,290,847
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Other Changes		
Realized and unrealized gain on disposal of property	(2,659,613)	-
Total other changes	(2,659,613)	-
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Increase/(decrease) in unrestricted net assets	2,384,808	(62,896)
Unrestricted net assets at the beginning of the year	1,695,683	1,758,579
Unrestricted net assets at the end of the year	4,080,491	1,695,683





Second Genesis, Inc.
8611 Second Avenue, Suite 300
Silver Spring, MD 20910
www.secondgenesis.org 301-563-1545

Designed by Rosenthal Partners, Inc. Key Photography by John Troha

